



# Money Matters with Les Conway

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## The link between volunteering and lifestyle financial planning



The Department for Digital, Culture, Media and Sport, recently released a report called the Community Life Survey. The report stated 22 per cent of adults in the UK formally volunteered at least one hour of their time once a month to a wide variety of causes.

And I'm proud to say I am one of that 22 per cent, where I volunteer regularly with three different groups.

The first is the Bright Ideas Trust, which is a charity founded by Tim Campbell MBE, who was the first winner of the BBC TV show *The Apprentice*. The charity gives support to disadvantaged young people who are 18-30 years-old in setting up their own businesses, in a mentoring capacity.

I also volunteer at the Brooklands Museum in Surrey. This

allows me to follow my passion for all things motorsport, where I help visitors in my role as a guide get the most out of their experience.

And finally, a lot closer to home is my volunteering with the Pinner Pantomime Evening. It's a fantastic occasion and one which takes a lot of work behind the scenes by many other volunteers to put on a successful event.

On the surface, there might appear to be no link between volunteering and lifestyle financial planning. But by planning my work commitments and schedule carefully, I free up the time to volunteer where it gives me the time to get involved with the causes that are close to my heart.

Thanks for reading.

**Investments can fall as well as rise and you might get back less than you invested**

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